



www.bittersweetfarms.org

Bittersweet Academy

September 22 – 24, 2010

November 3 – 5, 2010

Bittersweet Farms Training and Consultation Mission:

To provide progressive, realistic, flexible, and holistic training and consultation, sharing our expertise to positively touch the lives of more adolescents and adults with Autism Spectrum Disorder. We recognize that our philosophy and approach is applicable in many environments. Our number one purpose is to educate.

Bittersweet Farms (BSF) is on a mission; we want to share our knowledge and expertise with you. There is critical need for developing quality supports for persons with autism, especially for adults in residential, day habilitation and vocational programs. The first day of The Academy is geared toward providing in-depth education about ASD, its prevalence, and neurological/communication/sensory processing issues and identifying practices to induce calm, integrate therapies, while promoting respect. On day 2, BSF's value-based approach of being client-centered and restraint-free while clearly defining the roles of and identifying tools for direct support is covered. The last day of The Academy provides opportunities to learn about and create visual supports, task sequences, work plans, meaningful recreation & leisure activities, and BSF's programmatic approach to developing practical solutions, known as M.A.P.S.

Training Agenda

Day 1

8:30 Registration
9:00 Welcome, Schedule
9:30 Autism 101
11:00 Break
11:15 Communication Supports
12:30 Lunch Discussion: All About Respect
1:30 Action Tour
3:00 Break
3:15 Sensory Processing
4:30 Adjourn

Day 2

8:30 Registration
9:00 Welcome, Schedule
9:30 Capability Teaching
11:00 Break
11:15 Capability Teaching
12:30 Lunch Discussion: Active Engagement and Interdependence
1:30 Neutralize and Redirect
2:30 Break
2:45 Neutralize and Redirect
3:30 Visual Schedules and Supports
4:30 Adjourn

Day 3

8:30 Registration
9:00 Welcome, Schedule
9:30 Schedules, Stories, and Systems
11:00 Break
11:15 Programmatic Approach to Developing Practical Solutions (M.A.P.S.)
12:30 Lunch Presentation: Rec. & Leisure
1:30 Applying the M.A.P.S. Philosophy
3:00 Break
3:15 Do a L.A.P.
4:30 Adjourn

Objectives of the three-day Academy include: The Bittersweet Academy is a packed-full-of-practical information workshop for parents, family members, and service providers with the following objectives: 1) help you maneuver through the at times rough waters of supporting adolescents and adults with ASD, 2) prepare you for *starting* new support services for individuals with ASD, 3) overcome common problems associated with providing support services, 4) gain exposure to BSF's value-based approach of creating an environment of community, dignity, respect, and restraint-free operations, 5) provide applicable tools to enhance your skills/programming, 6) observe, first-hand, a viable entity in action, and 7) share knowledge, expertise, and philosophy from the past 26+ years of operation.

Instructors: Jan Cline, Training and Consultation Director, Bittersweet Farms
Kate Graber, Behavioral Shaping Consultant, Bittersweet Farms
Shelley Kotz, Supported Recreation Specialist, Bittersweet Farms
Karen Shulman, Training and Consultation Consultant, Bittersweet Farms

Location: Bittersweet Farms, 12660 Archbold-Whitehouse Road, Whitehouse, OH 43571

To Register: Fax 419-875-5593 or email sriddle@bittersweetfarms.org
or call Sandy at 419-875-6986 ext. 1202

Register by September 7, 2010 to reserve your spot in our September Academy

Price: \$ 600 per person for all three days
\$ 425 per person for two days
\$ 275 per person for one day

Here's what Bittersweet Academy attendees say about their learning experience:

"The work that Bittersweet does to help these adults become contributing members of society is awe-inspiring!" *Peggy Fritz, OH*

"We found the experience totally informative, the atmosphere very warming, encouraging, supportive, totally engaging and a pure delight. We highly recommend the academy to anyone considering attending, whether they are within mainland USA or from overseas." *Garry and Louise Buckland, Australia*

"Bittersweet's model is endlessly creative and provides people with autism a lifestyle which is encouraging and meaningful, but not demoralizing, repetitive, or juvenile. This is the kind of place we want for our loved ones. It's even better than home." *Ona Colasante, FL*